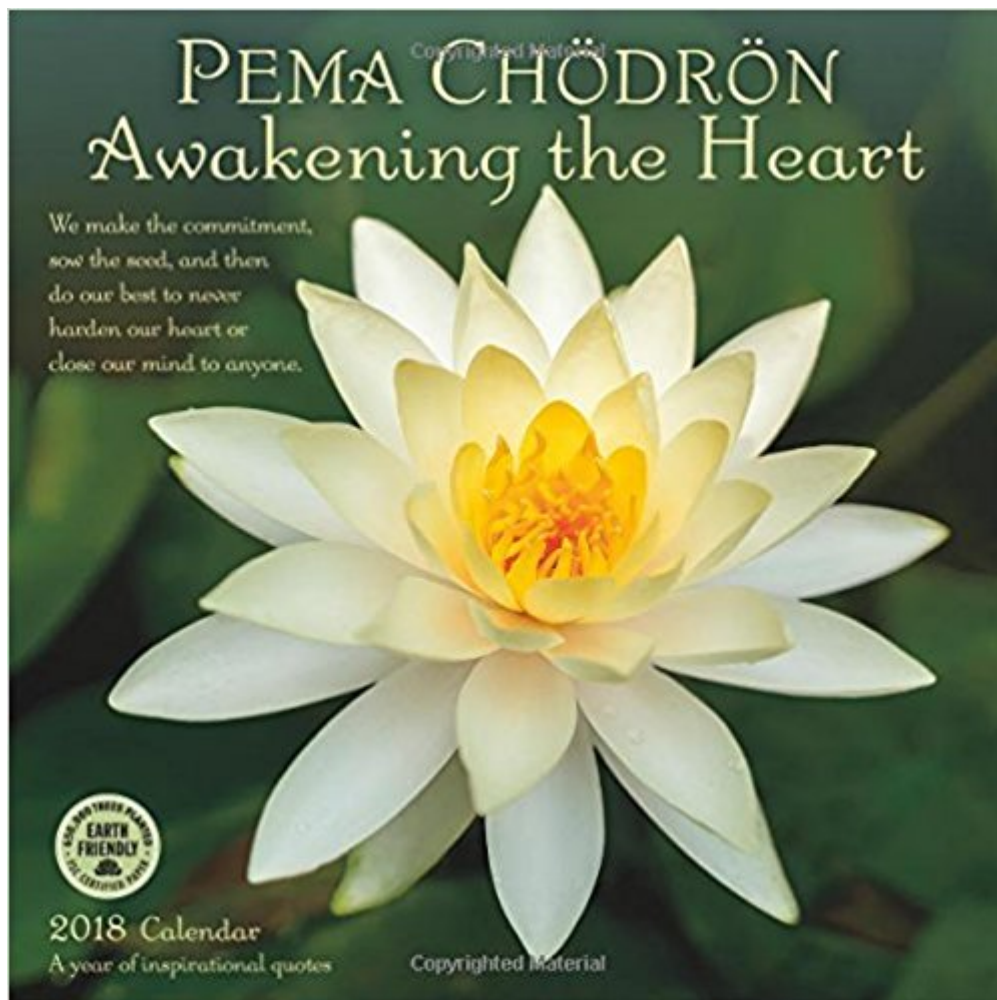




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Pema Chodron 2018 Wall Calendar: Awakening The Heart – A Year Of Inspirational Quotes



Synopsis

The Pema Chöndrol: Awakening the Heart wall calendar features quotes from Chöndrol's book *Living Beautifully with Uncertainty and Change* and is designed to help us cultivate compassion, courage, and awareness within the challenges of daily life. These insightful quotes are paired with beautifully evocative and meditative nature photography. 12" x 12" wall calendar (12" x 24" open). A year of Pema Chöndrol's wisdom with meditative nature photography on your wall. Frameable artbook-quality printing. The perfect inspirational photography gift. Stunning photography by renowned photographers such as Flip Nicklin and Tim Fitzharris. Printed on paper sourced from a combination of sustainably managed forests and recycled materials. Published by Amber Lotus, an independent carbon-negative US company that has planted more than half a million trees since 2008. This calendar features US and Canadian legal holidays, phases of the moon, and important observances of the world's major religions. Pema Chöndrol is a leading exponent of teachings on meditation and how they apply to everyday life. She is widely known for her engaging and down-to-earth interpretation of Tibetan Buddhism for Western audiences. Chöndrol is the author of several best-selling books, including *Comfortable with Uncertainty*, *When Things Fall Apart*, and *Start Where You Are*.

Book Information

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Customer Reviews

Pema Chöndrol is an American Buddhist nun and one of the foremost students of Chögyam Trungpa Rinpoche, the renowned Tibetan meditation master. She is resident teacher of Gampo Abbey in Cape Breton, Nova Scotia, the first Tibetan monastery in North America

established for Westerners. Chöndrojen is widely regarded as one of the preeminent spiritual teachers in the West and is the author of many best-selling books, including *When Things Fall Apart*, *The Places That Scare You*, and *Living Beautifully with Uncertainty and Change*.

Inspiring photos and quotations, excellent quality paper.

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